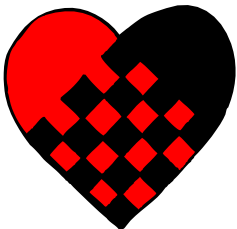
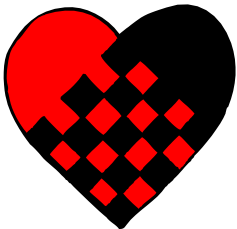
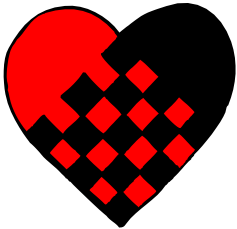
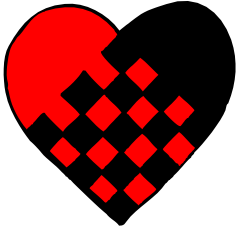
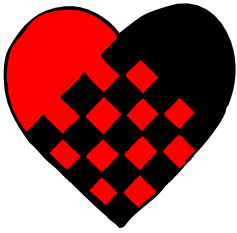


February 2010 Elementary Menu

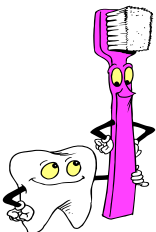


<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 Pizza Chef Salad Hamburger Potato Tots Apple Slices Pretzels Pickles Milk	2 Chicken Sandwich Chef Salad/Ham Spaghetti w/Meat Sauce Cherry Tomato Salad Cinnamon Apples Garlic Bread Pickles Milk	3 Pizza Chef Salad Oven Fried Chicken Mashed Potatoes W/Gravy Broccoli/Cheese Fruit Salad Milk	4 Chicken Sandwich Chef Salad/Ham Chicken Fajitas Pinto Beans Baby Carrots/dip Birthday Cake Pickles Milk 	5 Pizza Chef Salad Fish Nuggets W/Macaroni & Cheese Hush Puppies Orange Slices Yogurt Milk
8 Pizza Chef Salad Hot Dog Seasoned Potato Wedges Pears/Grapes S'Mores Milk	9 Chicken Sandwich Chef Salad/Ham <u>BREAKFAST FOR LUNCH</u> Scrambled Eggs/ Sausage Hash Browns Honey Dew Mini Pancakes Pickles Milk	10 Pizza Chef Salad Chicken Nuggets w/Roll Mashed Potatoes W/Gravy Green Beans Fresh Tangerine Milk	11 Chicken Sandwich Chef Salad/Ham Beef 'n Cheese Nachos Border Beans Orange Slices Churro Pickles Milk	12 Pizza Chef Salad Shrimp Basket Stuffed Cheese Stick Baby Carrots/dip Valentine Ice Cream Sundae Cup Milk
Breakfast				
Cereal French Toast Sticks Pastry Milk/Juice	Cereal Cinnamon Pastry Sausage Link Milk/Juice	Cereal Sausage Roll Cinnamon Toast Milk/Juice	Cereal Eggs/Toast Muffin Milk/Juice	Cereal Sausage/Biscuit Cherry Turnover Milk/Juice

NATIONAL DENTAL HEALTH MONTH



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15 Pizza Chef Salad Popcorn Chicken W/BBQ Sauce Oven Potatoes Melon Salad Strawberry Dinosaur Cookie Milk	16 Chicken Sandwich Chef Salad/Ham Dorito Salad Cantaloupe Gel-Apple Cinnamon Roll Pickles Milk	17 Pizza Chef Salad Steak Fingers Mashed Potatoes w/Gravy Green Beans Jello Applesauce Milk	18 Chicken Sandwich Chef Salad/Ham Soft Tacos Lettuce/Tomatoes Orange Slices Rice Krispy Treat Pickles Milk	19 Pizza Chef Salad Fish Nuggets W/Macaroni & Cheese Hush Puppies Corn Cobbett Baby Carrots/dip Milk
22 Pizza Chef Salad Corny Dog Sun Chips Fresh Apple Animal Crackers Milk	23 Chicken Sandwich Chef Salad/Ham Chef Boyardee' Ravioli Garlic Stick Golden Corn Vanilla Pudding W/Cookies Pickles Milk	24 Pizza Chef Salad Chicken Nuggets W/roll Mashed Potatoes W/Gravy Peach Cup Strawberry Cake Milk	25 Chicken Sandwich Chef Salad/Ham Beef 'n Cheese Nachos Celery Sticks/dip Orange Slices Refried Beans Pickles Milk	26 Pizza Chef Salad Shrimp Basket Stuffed Cheese Stick Baby Carrots/Dip Strawberry Cup Milk
Breakfast				
Cereal Apple Bosco Stick Pastry Milk/Juice	Cereal Cinnamon Pastry Sausage Link Milk/Juice	Cereal Sausage Roll Cinnamon Roll Milk/Juice	Cereal Breakfast Slider Muffin Milk/Juice	Cereal Sausage/Biscuit Chorito Bites Milk/Juice

February is National Dental Health Month

ROCK YOUR SMILE!

Brush twice a day

Clean Between your Teeth daily

Limit snacks, Eat nutritious Meals

Visit your Dentist Regularly