

Grand Prairie Independent School District Health Services

Self-Administration of Prescription Asthma Medication

The student will:

- Demonstrate to the school nurse competence in the use of the inhaler (see Inhaler Skills Checklist),
- Be responsible for carrying a **prescription labeled inhaler** on their person at all times in a clean, protective encasing, not visible to other students, and to notify an adult if it is missing,
- Be responsible for checking that the inhaler is clean, working, and not empty,
- Be responsible for carrying and using appropriate spacer device (if ordered by physician),
- Deliver the appropriate dose and wait at least one minute between doses following instructions of their healthcare provider,
- Be able to identify triggers and early warning signs that indicate the need for quick relief medication,
- Demonstrate correct use of a peak flow meter, if appropriate, to monitor asthma symptoms,
- Notify designated school personnel when quick relief inhaler is used for more than _____ time/s in a school day (see physician’s order) or in the case of any side effects or adverse reactions,
- Immediately report to school personnel any malfunction of the inhaler,
- Notify parents when new inhaler is needed.
- Wear a medical identification tag or jewelry (supplied by the parent/guardian) ____ or notification to be attached to ID (supplied by school nurse) ____ while in school. (Check preference) (Secondary only)

The parent/guardian will:

- Provide the school with written medical orders and update these medical orders when there are changes in the student’s emergency management,
- Sign appropriate written permission for authorization of treatment and sharing of necessary health-related information,
- Be responsible for completing the parent portion of the school asthma plan and following up with the school nurse and healthcare provider to make sure plan is complete,
- Be responsible for keeping an extra inhaler in the school clinic in the event it is needed,
- Check inhaler kept by student to ensure it is working properly, not empty, and replace as needed
- Be responsible for the student’s correct use of the inhaler
- Provide current emergency contact phone numbers/update as needed.
- Provide a medical identification tag or jewelry (supplied by parent/guardian) _____ or allow notification (supplied by school nurse) to be attached to ID _____. (Check preference)
- Accept financial responsibility for 911 calls and emergency transportation.

The school nurse will:

- Assess student’s ability to carry and use inhaler properly and instruct/reinforce proper technique when necessary, (see Inhaler Skills Checklist)
- Develop an Individual Healthcare Plan (IHP) in cooperation with the student, parents/guardians, and healthcare provider,
- Update the IHP whenever there is a change in medical management or the student’s response to care,
- Train person/s designated by the school principal,
- Maintain appropriate documentation of the training and care provided and monitor the documentation of services provided by others,
- Provide school personnel on a “need to know” basis of student’s authorization to carry the asthma medication,
- Provide secondary students a card (attach to student’s ID badge) with information regarding the student’s authorization to self-administer medication, (if this option chosen),
- Be responsible for follow-up with parent and /or healthcare provider to obtain a completed written school asthma plan,
- Notify parent if inhaler used more than _____ times (per physician’s order) in a school day.

The designated school staff will:

- Obtain training on the use of inhalers, proper storage, and documentation, and be able to demonstrate correct techniques of inhaler and spacer use,
- Notify school nurse of any adverse effects or unusual circumstances,
- Be familiar with the school asthma plan and how to activate emergency plan.

Student Signature Date

Parent/Guardian signature Date

School Nurse Signature Date

Designated Staff Signature Date