



Counseling Corner with Mrs. Meeks



kelley.meeks@gpisd.org
(972) 522-6910

October 2020



I have enjoyed working with each class during our Social Emotional Learning (SEL) lessons during September. I truly enjoy interacting with the students and working with them to teach and reinforce ways to be kind and accepting of others, handle emotions, and many other skills that will help them grow and develop into well-rounded individuals.

discussing bullying during classroom lessons. Students will learn the definition of bullying, as well as identify different types of bullying and where bullying often occurs. They will also be given tips and tools on what to do if they or someone else is being bullied. I teach them to report the bullying instead of trying to handle the situation themselves. If we, at the school, know about the bullying, then we can do something to address it. GPISD

also uses the STOPit app for reporting purposes. Learn more about that app [here](#).

Peer relationships will also be part of our discussion this month. We will work to identify qualities that are important to friendships, as well as focus on positive attitudes and behaviors that are necessary for maintaining supportive relationships.

The month of October is National Bullying Prevention Month, so this month we will be

We will celebrate Red Ribbon Week the last week of October. Red Ribbon Week is a week in



Vision Statement: The vision for the students at Powell is that they would grow to be well-rounded individuals able to successfully adjust in our ever-changing society. They will also be kind, compassionate individuals who are ready to make a positive change in the world.

Mission Statement: The mission of Powell Elementary’s counseling program is to provide a comprehensive counseling program for all students focusing on academic, career, and social/emotional development. Focusing on these areas will provide a strong foundation for the students which will assist them as they develop into independent, successful, kind individuals.



Counseling Corner with Mrs. Meeks



kelley.meeks@gpisd.org
(972) 522-6910

October 2020



October set aside to encourage participation in drug prevention activities and to pledge to be drug free. In elementary school, we discuss some of the dangers of drugs and alcohol at an age appropriate level. We also talk about making healthy choices for our bodies and how to handle peer pressure.

as well as the importance of reporting if someone is being bullied.

feelings. Discuss the importance of trying to make these situations right.

- ❖ Catch your child being kind to someone and point out how good it must have made the person feel. Also, discuss how it made your child(ren) feel.
- ❖ Help your child(ren) think of ways to "fix" a situation when he/she has hurt someone's

Upcoming Events

- 10/5 – World Day of Bullying Prevention™ (wear blue)
- 10/5-10/30 – Socktober (Bring new, unopened socks to school to donate to people in need)
- 10/12 – Fall Break
- 10/16 - End of 1st 9 weeks

Ways to Reinforce Lessons

- ❖ Discuss the negative consequences of bullying with your child(ren),



Vision Statement: The vision for the students at Powell is that they would grow to be well-rounded individuals able to successfully adjust in our ever-changing society. They will also be kind, compassionate individuals who are ready to make a positive change in the world.

Mission Statement: The mission of Powell Elementary's counseling program is to provide a comprehensive counseling program for all students focusing on academic, career, and social/emotional development. Focusing on these areas will provide a strong foundation for the students which will assist them as they develop into independent, successful, kind individuals.



Counseling Corner with Mrs. Meeks



kelley.meeks@gpisd.org

(972) 522-6910

October 2020



10/19 - Begin 2nd 9
weeks

10/26-10/30 - Red
Ribbon Week (more
info to follow)



Vision Statement: The vision for the students at Powell is that they would grow to be well-rounded individuals able to successfully adjust in our ever-changing society. They will also be kind, compassionate individuals who are ready to make a positive change in the world.

Mission Statement: The mission of Powell Elementary's counseling program is to provide a comprehensive counseling program for all students focusing on academic, career, and social/emotional development. Focusing on these areas will provide a strong foundation for the students which will assist them as they develop into independent, successful, kind individuals.