

SCOPE AND SEQUENCE

	Puberty, Anatomy, Physiology	Pregnancy	Sexually Transmitted Diseases (STDs)	Legal Issues/ Sexual Abuse	Essential Needs, Communication Skills, & Relationships	Health Risk Behaviors Avoidance/Reduction
6th <small>7th ed.</small>	<ul style="list-style-type: none"> Physical & emotional changes during puberty Reproductive terminology & anatomy 	<ul style="list-style-type: none"> How pregnancy occurs Reasons not to have sex 	<ul style="list-style-type: none"> Definitions Most common types Modes of transmission Basic symptoms & consequences 	<ul style="list-style-type: none"> Sexual abuse awareness/disclosure Sexual abuse prevention Sex and the Internet Sexting Protective laws 	<ul style="list-style-type: none"> Essential human needs: self & friends Relationship-building skills among peers Effective “no” techniques Parent-child communication 	<ul style="list-style-type: none"> CDC Youth Risk Behaviors-introduction Reasons to avoid sexual activity & other risky behaviors Influence of the media Setting goals, making a plan, and pledge card
7th <small>7th ed.</small>	Above topics plus <ul style="list-style-type: none"> Details of menstrual cycle Endocrine system Secondary sex characteristics 	Above topics plus <ul style="list-style-type: none"> Why some teens get pregnant 	Above topics plus <ul style="list-style-type: none"> Long-term health consequences 	Above topics plus <ul style="list-style-type: none"> Facts and examples of sexual harassment Legal consequences of sexual offenses Date-rape drug awareness Strategy for sexual offense prevention 	<ul style="list-style-type: none"> Essential human needs: helping hands Levels of relationships Importance of mentors Positive & negative peer pressure Refusal skills: Yes, No, Yes Communication styles Parent-child communication 	<ul style="list-style-type: none"> CDC Youth Risk Behaviors-introduction Interrelationship of risky behaviors (eating disorders/obesity, tobacco, drugs, alcohol, sex) Debunking of reasons for teen sexual activity Steps for making good decisions Pledge card
8th <small>7th ed.</small>	Above topics plus <ul style="list-style-type: none"> Emotional lability -depression, suicide -resources Genetic influences 	Above topics plus <ul style="list-style-type: none"> Basic fetal development Consequences of teen pregnancy Parental responsibilities: legal, financial, & emotional 	Above topics plus <ul style="list-style-type: none"> STD facts Involvement of entire reproductive systems Prevention: abstinence, condoms, & vaccines Importance of testing 	Above topics plus <ul style="list-style-type: none"> Explanation of age of consent, misdemeanors, felonies, and their consequences Legal responsibilities of parents Pornography laws 	<ul style="list-style-type: none"> Essential human needs: self, school, & community Communication styles: verbal, body language, & appearance Characteristics of relationships: healthy, unhealthy, & dangerous Refusal skills: Yes, No, Yes Parent-child communication 	Above topics plus <ul style="list-style-type: none"> Morbidity/mortality of teens Health risk behaviors that lead to problems in adulthood Identify career goals Risk reduction: condoms & contraception Making a personal plan, and pledge cards
HS <small>4th ed.</small>	Above topics plus <ul style="list-style-type: none"> Pubertal variability Male/female karyotyping 	Above topics plus <ul style="list-style-type: none"> Detailed fetal development Importance of early prenatal care, nutrition, & avoiding of harmful substances 	Above topics plus <ul style="list-style-type: none"> Why adolescents are at increased risk Scientific nomenclature Testing methods Treatments 	Above topics plus <ul style="list-style-type: none"> Dating precautions Sexual set-up: Grooming 	<ul style="list-style-type: none"> Essential human needs: self, school, & community Good listening and communication skills Communication styles: assertive, aggressive, & passive Relationships: healthy, unhealthy, & dangerous Addressing difficulty of saying “no” Parent-child communication 	Above topics plus <ul style="list-style-type: none"> Depression/suicide -awareness & prevention -resources Contraceptive details Strategies for prevention and alternatives to health risk behaviors