

**BULLYING  
PREVENTION  
THROUGH  
KINDNESS AND  
RESPECT**

**OCTOBER 16, 2018**

**PRESENTED BY  
DE ZAVALA  
COUNSELORS**



# FACTS ABOUT BULLYING

- On any school day, an estimated 160,000 students stay home from school due to fear of facing persecution from other students.
- A study from the Secret Service found that most school shooters have been bullied.
- Another study found 60% of school bullies have a criminal conviction.

# WHAT BULLYING IS

- Definition of bullying changed to *single significant act or pattern by one or more students directed at another student that exploits an imbalance of power.*
- Unwanted purposeful gesture or written, verbal, graphic, or physical act (including electronically transmitted acts) that is reasonably perceived as being motivated either by any actual or perceived characteristics (race, ethnicity, color, religion, ancestry, national origin, socio-economic background, etc.)
- **ANY ACTION** that causes another student to feel threatened, belittled, afraid, ashamed, angry, hurt, or upset.

# SB179: DAVID'S LAW

- David's Law relates to student harassment, bullying, cyberbullying, injury to or death of a minor; creating a criminal offense. Effective September 1, 2017.
- Bullying that occurs:
  - ✓ On or is delivered to school property or to the site of a school-sponsored or school-related activity on or off school property
  - ✓ On a publicly or privately owned school bus or van being used for transportation of students to or from school or a school-sponsored or school-related activity
- Cyberbullying that occurs
  - ✓ Off school property or outside of a school-sponsored or school-related activity if the cyberbullying:
    - Interferes with a student's educational opportunities
    - Substantially disrupts the orderly operations of a classroom, school, or school-sponsored or school-related activity

# WHAT BULLYING IS NOT

- Mutual conflict
- One random act of violence or harassment
- Fighting on the playground

**NONE** of these behaviors are  
allowed or tolerated

# TYPES OF BULLYING

- Verbal (name calling, etc.)
- Non-verbal (gestures, etc.)
- Emotional (intimidation, peer pressure, etc.)
- Physical (hitting, etc.)
- Cyberbullying
  - ✓ Willful harassment and intimidation of a person through the use of digital technologies (social media, cell phone)
- Cyberstalking
  - ✓ To engage in a course of conduct to communicate or to cause to be communicated, words, images, or languages by or through the use of electronic mail or electronic communication directed at or about a specific person causing substantial emotional distress to that person and serving no legitimate purpose



# SIGNS OF BULLYING

- Unexplained bruises, scrapes, and bodily injuries
- Torn clothing, broken shoes, and other school-related items
- Nightmares or trouble going to sleep at night
- Somatic complaints: headaches, stomachaches, clammy hands, increased heart rate when school is discussed
- Tiredness

# SIGNS OF BULLYING, CONT.

- Increase or decrease in appetite
- Drop in grades
- Decreased interest in participation in school activities, organizations, and/or events
- Needing extra lunch money or material (especially when these things were recently supplied or purchased)



# GPISD BOARD POLICY REGARDING BULLYING

- The goal is prevent and respond to acts of bullying
- Prohibits bystanders of bullying (can be seen as support for bullying or harassment)
- Includes Cyberbullying and Off-Campus bullying
- Retaliation is **PROHIBITED**

# HOW TO REPORT

- Notify a trusted adult
- Counselors' Tell Me Box (locked/confidential)



- Copy of report provided to Administrators upon receipt

# HOW TO REPORT

- Notification of Administrators
  - Online-campus web page/district web page



- Investigation
- Discipline
- Bullying & Harassment Order to Cease and Desist

# EVERYONE MUST STEP UP AND ADDRESS THE ISSUE OF BULLYING

Teachers

School Counselors

Social Workers

Transportation Staff

Executive Staff

Parents

Administrators

LSSPs

Paraprofessionals

School Board

M & O Staff

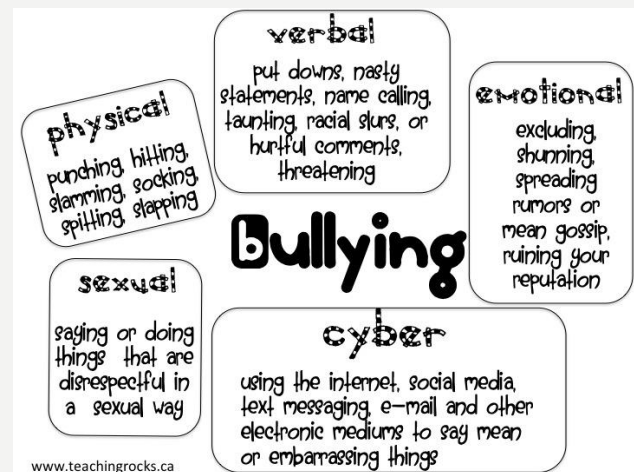
Students

**EVERYONE!**



# INFORMATION FOR PARENTS

- Monitor your child's social media and cell phone communication
- Encourage your child to talk to a trusted adult
- Notify the school immediately of bullying incidents



# PREVENTION ACTIVITIES AND EDUCATION

- Capturing Kids' Heart Social Contract
- Kindness Crew
  - KC Club
  - Stand 4 Kind (District Wide)
  - Start With Hello (District Wide)
- School-wide theme:
  - Kindness Starts With Me*
  - Kindness Pledge (Announcements)*



# PREVENTION ACTIVITIES AND EDUCATION

- Bullying Prevention Month Activities
- Classroom Lessons
- *Handprints on Hearts* mentoring program
- Recognition of good character (stickers)
- Student of Character Recognition
- Stand 4 Kind
- Sample survey of students and staff of how Bullying prevention activities help the campus
- April Month of Service



# RESOURCES

- [www.stopbullying.gov](http://www.stopbullying.gov)
- [www.pacerteensagainstbullying.org](http://www.pacerteensagainstbullying.org)
- [www.stopcyberbullying.org](http://www.stopcyberbullying.org)
- [www.kidscanhavefun.com](http://www.kidscanhavefun.com)
- [www.emilybalsey.com](http://www.emilybalsey.com)
- [www.gpisd.org](http://www.gpisd.org)