

## GPISD COVID 19 Practice Guidelines

All workouts must be scheduled before or after school hours.

All Student\Athletes must have a physical and should complete all on-line forms located in Rank One, including the Medial History document in order to be cleared for workouts. These forms may be accessed at <http://grandprairieisd.rankonesport.com/>.

Students are required to wear a mask and to maintain a social distance of 6 feet or more when not actively engaged in drills, etc.

Students will be required to check in at a designated location each day.

A Health Screening survey will be conducted to check for COVID 19 exposure or symptoms. Students who answer YES to COVID 19 related symptoms will be isolated and sent immediately for further evaluation by the athletic training staff. Parents will be contacted for pick up if trainers determine there is a possible COVID 19 case.

Equipment will be routinely sanitized before, during, and after activity.

Hand sanitizing will be made readily available to students for use throughout each practice session.

Students should bring their own 1 gallon (or similar size container of water) each day. Students will not be allowed to share water bottles or towels.

Access to locker rooms will be supervised, masks will be required, and students will maintain a distance from each other of 6 feet or more at all times.

PLEASE NOTE: Any individual who (a) are test-confirmed to be positive for COVID 19; or (b) experiences the symptoms of COVID 19, must stay at home throughout the infection period, and cannot return to the campus until they have met the criteria below for re-entry:

AN INDIVIDUAL WHO TESTS POSITIVE FOR COVID 19 MAY RETURN WHEN;

1. At least one day (24 hours) have passed since RECOVERY or resolution of fever without the use of fever-reducing medications.
2. The individual has improvement in symptoms (e.g., cough, shortness of breath); and
3. At least 10 days have passed since symptoms first appeared.

INDIVIDUALS WHO HAVE SYMPTOMS BUT HAVE NOT BEEN EVALUATED BY A MEDICAL PROFESSIONAL OR TESTED:

1. Such individual is assumed to have COVID 19, and the individual MAY NOT return to the campus until the same 3 criteria listed above have been met.